



*We learn. We show respect.  
We are safe.*

Thursday 3<sup>rd</sup> September, 2020

*"Golden Past, Bright Futures"*

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## Clunes Primary School Newsletter

### UPCOMING EVENTS

2020	<b>Term 3 Draft #7 Calendar on the back page</b> There will be a weekly Newsletter for the remainder of Term 3. Please continue to contact the school/ Sonia with any questions or concerns. Be safe!
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Dear Parents and Carers,

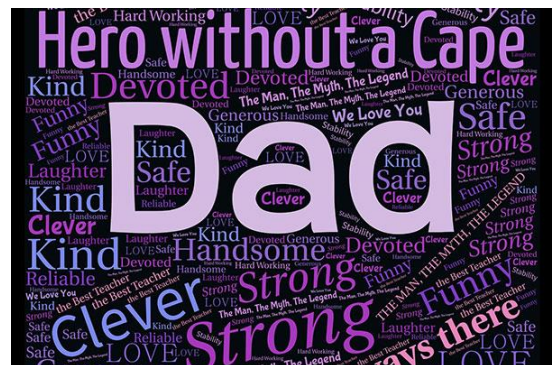
The majority of students have read, signed and returned their [Clunes PS IT Acceptable Use Agreement](#) forms. Thank you! **2 /3LM are the winners of the Class Prize!** 😊 We cannot wait for your return to school so that you may enjoy it! I'd like to thank all classes though for your incredible Agreement return efforts!

*These signed forms (once read with your child/children) need to be returned to school as soon as possible. They can be returned via Learning Pack delivery/collection in the MP Hall or via online. Thank you. 😊 Please contact school if you need another Agreement.*

## Father's Day 2020



On behalf of the entire school community we'd like to wish our CPS Dads (and all Dads) a very special Father's Day this Sunday. Thank you all for your love, care and support, especially at this challenging COVID- 19 time.



Wishing you all a safe, supported and very successful week ahead.  
Kind regards, Sonia & the staff of CPS. 😊

## STUDENT OF THE WEEK AWARDS FOR TERM 3



Our current Term 3 You Can Do It foci for Learning from Home are.....

**Getting along! Organisation! Resilience! Persistence! Confidence!**

<b>Prep B – Whole class! All Families!</b>	<b>1/2B – Whole class! All Families!</b>
<b>2/3LM – Whole class! All Families!</b>	<b>3/4L – Whole class! All Families!</b>
<b>5/6AT – Whole class! All Families!</b>	<b>5/6D – Whole class! All Families!</b>
<b>Art- Georgia, Charlie S, Sigh</b>	<b>PE/ Physical exercise-</b>

Dear Parents and Carers,

There are two helpful new resources to help you support your children during remote and flexible learning.

### **Raising Learners podcast**

The Department of Education and Training has funded a 10-episode podcast series through the Raising Children Network called 'Raising Learners'. It features parenting experts from organisations including the Murdoch Children's Research Institute, Career Education Association Victoria, as well as the Australian eSafety Commissioner, Julie Inman-Grant.

Raising Learners provides parents with practical advice, tips and ideas for supporting children's health, wellbeing and engagement at school and at home. Topics include how to connect with your child's school and community, how to best support your child's learning, what to expect for VCE and VCAL students and how to keep your child safe online.

These topics were drawn from common questions that parents raised with the Department's coronavirus (COVID-19) hotline and Parentline.

The first three episodes will be available on 1 September, and the rest throughout terms 3 and 4. Raising Learners can be accessed via podcast apps and [Raising Children Network website](#).

### **Managing the Coronacoaster webinar**

Renowned child psychologist Dr Michael Carr-Gregg is back by popular demand to repeat his Coronacoaster webinar.

On 15 September, Dr Michael Carr-Gregg will again present Managing the Coronacoaster – Tips for building resilient families in the coronavirus era. His first webinar in August booked out in three days, with more than 12,000 registrations.

In this webinar, Dr Carr-Gregg provides tools and strategies for parents and carers to help manage the lockdown period and remote learning. Topics include:

- your supportive role
- setting the emotional tone
- focusing on what you can control
- how to deal with disappointment
- more resources and where to get help.

### **Webinar details**

**When:** 7.30pm, Tuesday 15 September

**Duration:** 45-minute presentation, followed by a 15-minute question-and-answer session

**Format:** online via live stream **Cost:** free [Register for the Managing the Coronacoaster webinar via Eventbrite](#)

## How to prevent family conflict during the coronavirus pandemic

### **CORONAVIRUS SUPPORT**

Conflict between family members is normal, even healthy. However with constant close quarter living conflict is amplified. A child's annoying behaviours once easily accommodated can become intolerable without a break. A parent's leadership ability to build family closeness, while preventing siblings squabbles and sorting out skirmishes is key to maintaining family harmony.

Here are six ways to create a strong family culture that minimises conflict during corona virus period and beyond.

#### *Avoid rivalry*

Sibling competition is an ancient survival mechanism that prepared children for life beyond the family tribe. With close quarter living, constant comparison and competition can be wearing on everyone. You can reduce rivalry by avoiding sibling comparison, genuinely accepting individual differences and recognising each child's role in the family.

#### *Meet regularly to get everyone on board*

Regular family meetings give you the chance to hear what's bugging kids and let everyone know what's going on. Meetings can be either formal with a simple agenda and regular scheduling or informal, occurring every two or three days with a known order of discussion (e.g. what's happening this week, who has a problem, what needs to be done). Whatever method you choose make sure meetings are regular, well-managed and that decisions made in meetings are adhered to.

#### *Spend time with each child*

One-on-one enjoyable interactions between parent and child are underrated in their impact on the reduction of sibling rivalry and promotion of harmonious family relationships. Quality, fun, one-on-one interactions with each child negates the need for them to compete for your attention. When kids feel valued they are less likely to fight for parental attention.

#### *Bring the family together*

The family that plays together stays together so look for ways to bring your family together to connect, have fun and enjoy each other's company. Work out your regular family rituals and make them non-negotiable. Evening meals, family discussions and at least one weekly movie or entertainment activity gives children and parents the opportunity to come together on a regular basis.

#### *Know when to stay apart*

It's hard for family members who are used to doing things on their own to suddenly be thrust together in each other's company for extended periods of time. Encourage kids to spend some time alone each day so they can relax, reflect and draw on their own emotional resources. Time alone is an underrated contributor to a child's resilience and mental health.

#### *Have a process to sort out squabbles*

Sibling fighting comes with the parenting territory, but it's not a fait accompli. How you respond to sibling conflict will determine the number, intensity and extent of fights between siblings. Resist sorting out on the run. That said, there will be times when squabbles need to be stopped or managed in real time. Better to choose a time and place when kids are settled and then look for ways to solve the problems that may exist between kids, rather than the resulting fights.



The changed living conditions we find ourselves in is a great opportunity for parents to impact family culture in positive ways. Do your best to lighten the mood, focus firmly on relationships and know when to bring kids together and keep them apart. That's terrific family leadership at any time.



Michael Grose



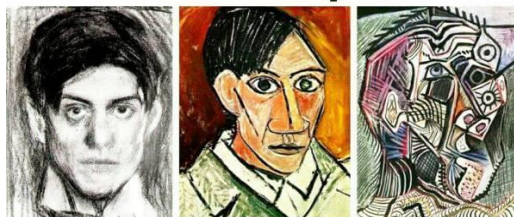
Thanks Charlie S, what a wonderful self-portrait.

You have really captured the Picasso style: The eyes, in particular, are very well drawn, one blue, one brown...perfect! Mr. Adams

Georgia's self portrait and portrait of grandma

This is Sigh's interpretation of a Giuseppe Arcimboldo self-portrait. We have used the internet to find our fruit and vegetables.

### Picasso's self-portrait



At ages 18, 25 & 90







## Planting for Giant Sunflowers Spring begins- Sept 1<sup>st</sup>

*Planted ready for our return to on-site schooling. (fingers crossed ☺)*

*Would you like one planted ready for your return? Let hfs Jardine know.*

*Veggies next!*



A determined team effort from everyone to clear the Veggie Garden before our end of Winter deadline!

Special thanks to Jon, our Gardener, for helping us on the final weekend, to meet the deadline! ☺

Term 3 Calendar – Draft #7 3 <sup>rd</sup> September, 2020 <b>new information highlighted ☺</b>			
WEEK 1	Mon	13-Jul	First day of Term 3!
	Tue	14-Jul	
	Wed	15-Jul	Antoinette- Private Music Lessons remain POSTPONED at school UNTIL FURTHER NOTICE. School Council Meeting –No July Meeting
	Thu	16-Apr	
	Fri	17-Apr	NO Breakfast Club or LUNCH ORDERS until further Notice
WEEK 2	Mon	20-Jul	
	Tue	21-Jul	
	Wed	22-Jul	
	Thurs	23-Jul	
	Fri	24-Jul	
WEEK 3	Mon	27-Jul	
	Tue	28-Jul	SSG Meetings
	Wed	29-Jul	
	Thu	30-Jul	
	Fri	31-Jul	
WEEK 4	Mon	3-Aug	
	Tues	4-Aug	Student Free Day
	Wed	5-Aug	Learning from Home resumes daily School Bus in operation
	Thurs	6-Aug	Learning Pack collection – 3-5pm MP Hall
	Fri	7-Aug	Weekly Student Leadership (School Captains & Vice Captains) meetings online 10.30am
WEEK 5	Mon	10-Aug	
	Tues	11-Aug	
	Wed	12-Aug	School Council Meeting –online
	Thurs	13-Aug	Learning Pack collection – 3-5pm MP Hall
	Fri	14-Aug	
WEEK 6	Mon	17-Aug	
	Tue	18-Aug	JSC Meeting- online 12.30pm
	Wed	19-Aug	
	Thurs	20-Aug	Learning Pack collection – 3-5pm MP Hall
	Fri	21-Aug	JSC - 11am - Hot Chocolate/ Milo Share Time
WEEK 7	Mon	24-Aug	
	Tue	25-Aug	
	Wed	26-Aug	
	Thurs	27-Aug	Learning Pack collection – 3-5pm MP Hall
	Fri	28-Aug	JSC - 11am- Share a favourite toy/ Lego creation
WEEK 8	Mon	31-Aug	Humans of Clunes - 'A Day in the Life' of COVID19 Clunes Time Capsule Project begins. Clunes PS participation. ↓
	Tue	1-Sept	
	Wed	2-Sept	
	Thu	3-Sept	Learning Pack collection – 3-5pm MP Hall
	Fri	4-Sept	JSC- 11am - wear a silly/ sensible hat/ PJs
WEEK 9	Mon	7-Sept	↓
	Tue	8-Sept	JSC Meeting- online 12.30pm
	Wed	9-Sept	School Council Meeting- online
	Thu	10-Sept	Learning Pack collection – 3-5pm MP Hall? TBC
	Fri	11-Sept	JSC - 11am - Share something that you have made
WEEK 10	Mon	14-Sept	School Review- tentative Validation Day- online
	Tue	15-Sept	
	Wed	16-Sept	
	Thu	17-Sept	
	Fri	18-Sept	Last day of Term 3 Footy Day! JSC- 11am Footy focus - wear your footy gear - eat 'footy' food. School will play the Team Songs <b>End of School Time TBC</b>

**CORONAVIRUS (COVID-19) RESTRICTIONS REMAIN IN PLACE**

The greatest risk of transmission of coronavirus (COVID-19) is between adults.

Please prepare your children to be collected from an external meeting point.

During drop-off and pick-up of your child remember to keep 1.5m between yourself and other adults.



Please move promptly away from the school grounds.

Please avoid the Office if at all possible!

Everyone 12 years and over entering school grounds must wear a face covering



For detailed information visit:  
<https://www.dhhs.vic.gov.au/coronavirus>

**Learning from Home- Class Meetings & Meetings- MS Teams schedule**

Prep – News – Daily 2pm

1/2B - Class Meetings Tuesdays and Fridays at 12.30pm

2/3LM - Tuesdays, Wednesdays, Thursdays and Fridays - 11.30am

3/4LJ - Class Meetings - Mondays and Fridays - 10.30am

5/6D - Roll and Class Meeting - Daily 9am

5/6AT - Roll and Class Meeting - Daily 9am  
Student Leaders Meeting – Fridays - 10.30-11am

Junior School Council - Weeks 6 & 9 – Tuesday 1.15pm

Whole school Assembly via MS Teams every Monday at 8.45am

Recess –daily monitored 'Chat Time' for students. You will find it in 'Clunes PS-General'. 11-11.20am